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*Date of Surgery:* \_\_\_\_\_ *Check-in Time:* \_\_\_\_\_ *Appt. Time:* \_\_\_\_\_

## **PRE-OPERATIVE INSTRUCTIONS FOR ORAL SURGERY AND GENERAL ANESTHESIA**

### **(ASLEEP FOR SURGERY)**

- **DO NOT EAT OR DRINK** anything for **6 HOURS** prior to your surgery, including water. This is very important for your safety. Your surgery may be **CANCELLED** if this instruction is not followed.
- A responsible adult (**18 years of age or older**) must accompany you to the surgery and stay here during the entire appointment. A taxi service is **NOT** acceptable. Your escort must also drive you home and be available to stay with you for the remainder of the day.
- Do not drive, operate any machinery, or make critical decisions for 24 hours after having general anesthesia.
- Wear loose fitting clothing the day of surgery, preferably short sleeved shirts.
- Do not wear contact lenses on the day of your surgery.
- No nail polish or acrylic nails on the day of your surgery.
- Have a normal meal the evening before your surgery. **Avoid alcohol for 24 hours before your surgery and illicit drugs for 48 hours before your surgery.**
- Get a good night's rest the day prior to your surgery.
- Take your medications as instructed by your surgeon.
- Post-operative instructions will be reviewed with your escort on the day of your surgery.
- **If you are sick, please call to reschedule.**

**Call our office at (952) 465-0105 with any questions. We strive to make your surgical experience as pleasant as possible and we look forward to seeing you.**